

The background of the entire page is a blue-tinted photograph of several athletes in motion. In the foreground, a female athlete is running towards the viewer. Behind her, another female athlete is running, and to the left, a male athlete is also running. The image is slightly blurred to convey a sense of speed and movement.

NSGA

NATIONAL SPORTING GOODS ASSOCIATION

SPORTS PARTICIPATION

CROSS PARTICIPATION

2025^{EDITION}

nsga.org

**A STATISTICAL STUDY OF SPORTS PARTICIPATION
FOR 37 SPORTS / RECREATIONAL ACTIVITIES**

**SPORTS PARTICIPATION:
CROSS PARTICIPATION
2025 EDITION**

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TABLE OF CONTENTS

I.	Introduction	4
II.	Methodology	5
III.	Data Indicated in This Report	6
IV.	Cross Participation Snapshots	7

Sports / Recreational Activities By Page Number:

Backpack/Wilderness Camping	9	Hunting w/Firearms	28
Baseball	10	Ice/Figure Skating	29
Basketball	11	Kayaking	30
Bicycle Riding	12	Mountain Biking (Off Road)	31
Billiards/Pool	13	Pickleball	32
Boating (Motor/Power)	14	Pilates	33
Bowling	15	Running/Jogging	34
Camping (Vacation/Overnight)	16	Skateboarding	35
Canoeing	17	Soccer	36
Dart Throwing	18	Softball	37
Exercise Walking	19	Swimming	38
Exercising with Equipment	20	Table Tennis	39
Fishing (Fresh Water)	21	Target Shooting (Live Ammo)	40
Fishing (Salt Water)	22	Tennis	41
Football (Flag)	23	Volleyball	42
Football (Tackle)	24	Weightlifting	43
Football (Touch)	25	Work Out At Club/Gym/Fitness Studio	44
Golf	26	Yoga	45
Hiking	27		

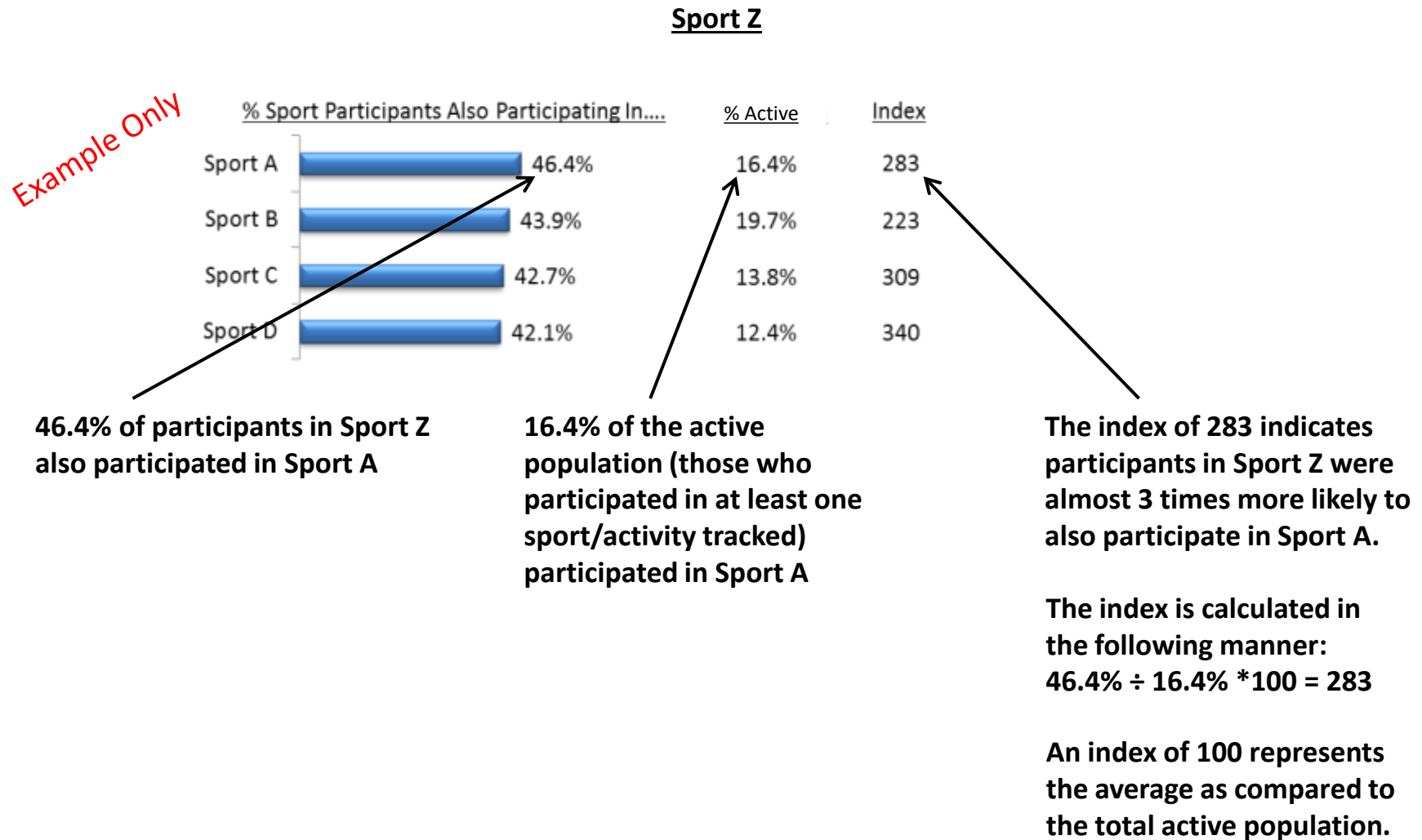


Cross Participation Snapshots



Cross Participation Snapshot: How to Read

How to Read Cross Participation Data:



Sport Participation Snapshot

Sport X Cross Participation Including Index vs. Total Active Participation

Sport X Participants = XX,XXX,XXX

	<u>% Participating In...</u>	<u>% Active</u>	<u>Index</u>
Hiking	62.5%	25.0%	250
Camping (Vacation/Overnight)	61.9%	19.5%	317
Fishing (Fresh Water)	46.7%	14.4%	324
Exercise Walking	45.7%	53.1%	86
Running/Jogging	44.9%	20.8%	216
Bicycle Riding	43.3%	20.4%	212
Swimming	42.5%	21.6%	197
Basketball	36.9%	11.6%	318
Target Shooting (Live Ammo)	36.2%	9.5%	381
Billiards/Pool	35.9%	10.4%	345
Work Out At Club/Gym/Fitness...	32.6%	14.0%	233
Bowling	32.5%	13.2%	246
Table Tennis	32.2%	6.2%	519
Tennis	31.8%	7.3%	436
Exercising with Equipment	31.8%	25.5%	125
Golf	31.4%	9.9%	317
Soccer	31.1%	7.4%	420
Yoga	30.5%	14.8%	206

	<u>% Participating In...</u>	<u>% Active</u>	<u>Index</u>
Fishing (Salt Water)	28.4%	4.9%	580
Kayaking	27.3%	5.7%	479
Weightlifting	26.7%	17.7%	151
Ice/Figure Skating	26.7%	4.3%	621
Mountain Biking (Off Road)	25.5%	3.4%	750
Boating (Motor/Power)	24.6%	7.5%	328
Volleyball	23.9%	5.3%	451
Baseball	23.1%	5.4%	428
Canoeing	23.0%	3.7%	622
Dart Throwing	22.1%	5.2%	425
Football (Flag)	20.7%	3.0%	690
Hunting w/Firearms	20.2%	7.4%	273
Skateboarding	19.4%	3.4%	571
Football (Tackle)	19.0%	3.3%	576
Pilates	17.1%	3.2%	534
Football (Touch)	16.6%	3.6%	461
Softball	16.2%	4.0%	405
Pickleball	15.2%	4.7%	323

